## AUTOMATIC JAPAN 3 DISCS

## Winding the mainspring

Automatic winding watch can also be hand winded by turning the crown in "A" position. Wind 15-20 times and it will start to move naturally after shaking slightly.

## SETTING THE TIME

1. Pull the crown out to the 1 st position.
2. Turn the crown to set hour and minute discs.
3. Push the crown back to the normal position.

